



TLC Season of Prayer & Fasting Guide

Week of 10/11/26

TLC Group Expectations

- **Please start and end on time.** If you'd like to provide an atmosphere of fellowship, it's better that you provide this at the end to allow people who have to leave the opportunity to do so.
 - **Allow silence.** Allow room for others to contemplate and even feel uncomfortable when asking someone to read, within group prayer, or when throwing out a question. Please don't rush in just to fill the space. Allow God to do what only He can.
 - **When sharing, make it about you and what God is revealing about you and or Him.** Please allow room for others to share (don't dominate).
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Season of Prayer & Fasting

1 John 1:8-10

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word is not in us.

When confronted with something you did that was wrong that impacted a relationship, hurt someone's feelings—whether intentional or not—what's your initial reaction, or what do you tend to do?

Define **Confess** according to scripture.

Talk about your experience confessing to others (James 5:16)

Talk about your experience with confession and God.

Read 1 John 1:8-10

- How do you view God when you spend time with him in confession?
- How does your view of him impact your relationship with confession?

Read Psalm 51:1-19

- Talk about an experience where you were blinded to your own sin and God brought it to light.
- In verses 7-9 David doesn't just confess his sin but seeks God's work in cleansing and purifying his heart.
 - Is this within your experience of confession and why does it matter?
- David also seeks the Lord's moving in restoring of his joy in verse 12.
 - What's your experience with connecting the lack of joy with sin?
- What does this Psalm tell you about the character of God?

How can your group implement a model of confession and repentance?

Spend some time with your group in prayer.

Pray for the Lord's leading in opening our hearts to areas that we might be blinded in relation to our sin.

Provide an opportunity for participants to complete a prompt such as: "Lord, I confess..."

Thank the Lord for taking away our sin.

Provide an opportunity in prayer seeking the Lord's restoring the JOY of our salvation.